



### Medical Moment of Truth

Rank, Name
Duty Title
Location

#### Purpose

✓ To let us know of any medical conditions you may have that will cause serious harm or death to you once you've started your initial entry training

✓ To advise you of the most important action you can take to prevent most infectious

## You volunteered to defend the nation

- You joined The Army
- You want to realize your potential
- You want to change your life for the better
- You came to training



# Something happened during training.....

- Your family gets a visit by the chaplain
- Service member died in training
- Of a pre-existing medical condition
- A death that might have been prevented



# Failure to disclose medical conditions can be <u>DISASTROUS</u>

- Tell us if you have one of the medical conditions that the next two slides will describe.
- Even if you told us before, tell us again
- These conditions may kill you!
- With no warning, anytime!

### Critical Medical Conditions that need evaluation at the clinic!

- High Blood Pressure
- Heart Disease
- Asthma
- Seizures

### Critical Medical Conditions that need evaluation at the TMC!

- Placed on medication for a mental illness
- Diabetes
- Cancer

• OR ANY OTHER SERIOUS MEDICAL CONDITION

Failure to disclose any of these medical conditions may result in Serious Harm or Sudden Death once you begin initial entry training.

## If you have one of the conditions...

- See \_\_\_\_\_ about getting an evaluation at the Troop Medical Clinic (TMC)
- TMC will evaluate you.
- Tell TMC all you know about your condition so proper evaluation can be done.
- Once cleared you may continue training

#### **An Actual Incident...**



- Soldier was negotiating the obstacle course
- Soldier knew he had heart disease.

He never told anyone!

#### An Actual Incident....

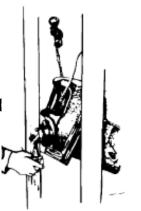
- 9:05 Soldier collapses on ground
- 9:07 Ambulance called
- 9:10 Ambulance arrives
- 9:20 Soldier arrives at Emergency Room
- 10:05 Soldier not responding to emergency medical procedures
- 10:35 Soldier pronounced <u>dead</u> despite all attempts to save his life.

### DONT LET THIS BE YOU!

Think about your family, friends, Battle Buddy, and the rest of your unit

### The most important action you can take to avoid infectious · Clean your hands: Illnesses

- - After using the latrine
  - Before touching food
  - After sneezing, blowing your no or coughing into your hand
- Wash hands with soap and water if hands are oily or dirty
- Use hand-sanitizing gel if hands are not soiled and you can't use soap and water
- Keep hands away from eyes, nose, and mouth - and use hand sanitizing gel after hand contact with your nose or mouth









Wash and/or sanitize your hands regularly

### **THIS**



#### **NOT**

